

The background of the slide features a silhouette of a group of people standing on a mountain peak, with their arms raised in celebration. The scene is set against a sunset sky, with the sun low on the horizon, creating a warm orange glow. The foreground shows the dark silhouette of the mountain range.

Practicum Expertise

Annika Ryan

Within the months there been a couple practicum

Within the time frame of November 2022-December 2022, we volunteered at many different areas and see how we enjoyed it in those areas.

Here are the list of where we went within those two months.

- * Food Bank
- * Kamloops community



Food Bank

- What we did during this experienced is packing packages and placing the right food in the bag. Labeling each package for families.

We learned the value of how it small actions impact the community and even those who struggle always desire good food.



Community Center

- Learning how to cook and cut certain types of vegetables or fruits. We are also bended many types of fruits has well, this also includes proper cleaning.
- This expertise taught us how sometimes the small actions of other help the community grow.



Images credit

- Links
- Page 1
: <https://unsplash.com/@nataliepedigo>
- Page 2
: <https://unsplash.com/@moodytones>
- Page 3
: <https://unsplash.com/@adoucett>
- Page 4
: <https://unsplash.com/@ecasap>